

**CATEGORIA BENXAMIN - SUB10 FEMININA**

**50 metros lisos**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
1	<b>8.18</b>	GONZALEZ DIAZ, ALDARA	AG-16871	1	2013	BN	NAOC Ourense		11/12/2022
2	<b>8.30</b>	CRESPO ALONSO, PAULA	AG-10923	1	2014	BN	ADAOR Ourense		03/12/2022
3	<b>8.30</b>	ZURITA VÁZQUEZ, CARLA	AG-13540	1	2013	BN	LUCLU Lugo		10/12/2022
4	<b>8.30</b>	ZULUAGA LAMAZARES, SARA	AG-13878	2	2013	BN	CASC Ourense		11/12/2022
5	<b>8.39</b>	PARCERO MARTINEZ, NORA	AG-13701	3	2013	BN	VCGPO Ourense		11/12/2022
6	<b>8.42</b>	DE LA PLAZA CALVO, DANIELA	AG-14088	1	2013	BN	ESCLU Lugo		10/12/2022
7	<b>8.47</b>	ALVAREZ VELASCO, CLAUDIA	GA-1024	1	2013	BN	LUELU Lugo		10/12/2022
8	<b>8.49</b>	QUINTELA BARRIOS, CARLOTA	AG-7996	4	2014	BN	LUELU Ourense		11/12/2022
9	<b>8.50</b>	MERA VAZQUEZ, VALERIA	AG-15016	1	2013	BN	NAOC Lugo		05/03/2022
10	<b>8.51</b>	SANTOS FERNANDEZ, CARMELA	AG-202584	3	2013	BN	ADCPO Ourense		12/03/2022
11	<b>8.52</b>	FERNANDEZ CASTRO, MARIA	GA-1019	1	2013	BN	LUELU Lugo		10/12/2022
12	<b>8.58</b>	RIERA PÉREZ, LENA	AG-12120	2	2013	BN	VALPO Ourense		03/12/2022
13	<b>8.61</b>	SIVARREY LOPEZ, ELIA	AG-12855	1	2013	BN	LUELU Lugo		10/12/2022
14	<b>8.63</b>	BALTAR CANOURA, IRIA	AG-14086	2	2013	BN	ESCLU Lugo		10/12/2022
15	<b>8.63</b>	GIL TORRES, LEIRE	AG-9395	5	2013	BN	ADAOR Ourense		11/12/2022
16	<b>8.66</b>	PORTAS DIAZ, MARIÑA	AG-15451	2	2014	BN	POLLU Lugo		10/12/2022
17	<b>8.67</b>	IGLESIAS CASTRILLO, ARHANE	AG-12421	1	2014	BN	LUELU Lugo		10/12/2022
18	<b>8.75</b>	VALIÑA FERNÁNDEZ, ALDARA	AG-13009	1	2013	BN	PUROR Ourense		03/12/2022
19	<b>8.76</b>	PEDROUZO FONTELA, DANIELA	AG-8372	1	2014	BN	MRL Lugo		10/12/2022
20	<b>8.77</b>	VÁZQUEZ CABRERA, MARÍA	AG-13686	1	2013	BN	PUROR Ourense		03/12/2022
21	<b>8.80</b>	MENDEZ SANCOSMED, ZAIRA	AG-5956	7	2013	BN	LUELU Ourense		12/03/2022
22	<b>8.81</b>	MOURIÑO PEREZ, IRIA	AG-9	2	2013	BN	PORPO Ourense		03/12/2022
23	<b>8.85</b>	SOLLA UCHA, ALBA	AG-5857	9	2013	BN	PINPO Ourense		12/03/2022
24	<b>8.85</b>	PELAEZ ALLER, VERA	AG-10890	3	2014	BN	ADAOR Ourense		03/12/2022
25	<b>8.86</b>	PIZORNO INIERARORREMEÑDIA, LEO	AG-16600	4	2013	BN	PUROR Ourense		03/12/2022
26	<b>8.87</b>	FONSECA DOVAL, NAILA	AG-202897	3	2013	BN	LIM_O Ourense		03/12/2022
27	<b>8.87</b>	RUBINOS RUBINOS, SARA	AG-8062	2	2013	BN	POLLU Lugo		10/12/2022
28	<b>8.90</b>	BASTEIRO FERNÁNDEZ DE LA CIGOÑA	AG-12290	10	2013	BN	VALPO Ourense		12/03/2022
29	<b>8.91</b>	GARCIA CIDRAS, DAIRA	AG-5856	11	2013	BN	PINPO Ourense		12/03/2022
30	<b>8.92</b>	RODRÍGUEZ RODRÍGUEZ, EMMA	AG-11586	2	2014	BN	PUROR Ourense		27/11/2022
31	<b>8.94</b>	ALMUDI GAMIL, JULIA	AG-16034	5	2014	BN	SILC Ourense		03/12/2022
32	<b>8.97</b>	PIÑEIRO VAZQUEZ, CARLA	AG-14997	13	2014	BN	NAOC Ourense		12/03/2022
33	<b>8.97</b>	GARCÍA GRANADO, BELMA	AG-13032	2	2014	BN	LUCLU Lugo		10/12/2022
34	<b>9.01</b>	GONZÁLEZ NÓVOA, DANIELA	AG-5663	1	2013	BN	PUROR Ourense		06/03/2022
35	<b>9.02</b>	MORALES AMORIN, ESTELA	AG-15190	1	2014	BN	PUROR Ourense		03/12/2022
36	<b>9.03</b>	GAY GONZALEZ, EREA	AG-13124	16	2013	BN	LUELU Ourense		12/03/2022
37	<b>9.03</b>	CACHARRO RODRIGUEZ, REBECA	AG-16598	2	2013	BN	PUROR Ourense		03/12/2022
38	<b>9.05</b>	BARGUEIRAS DIAZ, MARTA	AG-202851	4	2013	BN	LUELU Lugo		19/02/2022

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**50 metros lisos**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
39	<b>9.08</b>	LAMAS SOAGE, NOA	AG-11595	18	2013	BN	PINPO	Ourense	12/03/2022
40	<b>9.11</b>	ALEJANDRE LOPEZ, CARLOTA	AG-13492	2	2013	BN	ADAOR	Lugo	30/01/2022
41	<b>9.11</b>	SABORIDO DOZO, LIA	AG-13139	2	2013	BN	SGPPO	Ourense	06/03/2022
42	<b>9.11</b>	PALLAS RODRIGUEZ, DEVA	AG-3977	19	2014	BN	AVAPO	Ourense	12/03/2022
43	<b>9.11</b>	VARGAS SIRLOPU, YESHIA	AG-12575	7	2014	BN	SGPPO	Ourense	11/12/2022
44	<b>9.14</b>	FERNANDEZ FERNANDEZ, INES	AG-11387	3	2013	BN	ADAOR	Ourense	27/11/2022
45	<b>9.16</b>	DOMÍNGUEZ DIÉGUEZ, MARTA	AG-13914	2	2014	BN	OUROR	Ourense	27/11/2022
46	<b>9.19</b>	VAZQUEZ DA ROCHA, LIA	AG-13865	1	2013	BN	ADAOR	Lugo	30/01/2022
47	<b>9.19</b>	CALLEJA PEREZ, NOA	AG-11983	4	2013	BN	OUROR	Ourense	27/11/2022
48	<b>9.20</b>	DÍAZ-BECERRA CHAPA, OLIVIA	AG-16890	2	2014	BN	FRALU	Lugo	10/12/2022
49	<b>9.20</b>	PETEIRO DIAZ, ALBA	AG-8431	2	2013	BN	MRL	Lugo	10/12/2022
50	<b>9.21</b>	RODRIGUEZ FERNANDEZ, OLIVIA	AG-15449	3	2013	BN	PUROR	Ourense	27/11/2022
51	<b>9.24</b>	LÓPEZ CARNERO, ROSALÍA	AG-13793	3	2013	BN	PUROR	Ourense	03/12/2022
52	<b>9.25</b>	PRADO BELTRAN, NATALIA	AG-15542	3	2014	BN	POLLU	Lugo	10/12/2022
53	<b>9.26</b>	COUSELO LEIVAS, ALDARA	AG-15197	1	2014	BN	RZCC	A Coruña	01/03/2022
54	<b>9.26</b>	BASALO GONZALEZ, ANA	AG-11382	5	2013	BN	ADAOR	Ourense	27/11/2022
55	<b>9.27</b>	AÑEL GONZALEZ, MANUELA	AG-16579	5	2013	BN	PUROR	Ourense	27/11/2022
56	<b>9.30</b>	VAZQUEZ ROLAN, ADRIANA	AG-12500	2	2013	BN	NAOC	Lugo	05/03/2022
57	<b>9.30</b>	RODRÍGUEZ CONDE, ARIADNA	AG-8092	3	2013	BN	LUCLU	Lugo	10/12/2022
58	<b>9.31</b>	GONZÁLEZ BLANCO, ALICIA	AG-5949	1	2014	BN	LUELU	Lugo	30/01/2022
59	<b>9.31</b>	PIN VILLAR, MARIÑA	AG-8059	3	2013	BN	LUCLU	Lugo	10/12/2022
60	<b>9.33</b>	SÁNCHEZ MAYOR, GABRIELA	AG-13022	4	2013	BN	LUCLU	Lugo	10/12/2022
61	<b>9.37</b>	FILGUEIRAS PEREZ, NOA	AG-10595	1	2014	BN	FENC	A Coruña	01/03/2022
62	<b>9.37</b>	PARDO DE NEYRA ZATO, PILAR ESTHE	AG-13791	4	2014	BN	FRALU	Lugo	05/03/2022
63	<b>9.37</b>	REAL FERNANDEZ, SARA	AG-13715	5	2014	BN	LUELU	Lugo	10/12/2022
64	<b>9.39</b>	VELASCO PENEDO, ARIA	AG-14826	1	2013	BN	VALPO	Ourense	03/12/2022
65	<b>9.39</b>	GARCIA GUITIAN, MARTINA	AG-13395	2	2013	BN	ADAOR	Ourense	03/12/2022
66	<b>9.40</b>	FERNÁNDEZ LOMBARDÍA, LUCÍA	AG-202878	3	2013	BN	FRALU	Lugo	30/01/2022
67	<b>9.40</b>	BELIARD , MORGANE	AG-14092	1	2013	BN	ESCLU	Lugo	05/03/2022
68	<b>9.41</b>	PRIETO FERNANDEZ, ALEJANDRA	AG-11385	6	2013	BN	ADAOR	Ourense	27/11/2022
69	<b>9.42</b>	GERBOLES CALVO, IRIA	AG-12337	4	2013	BN	ADAOR	Ourense	03/12/2022
70	<b>9.43</b>	LAGADEC MARTINEZ, ELENA	AG-12079	3	2013	BN	ADAOR	Ourense	29/01/2022
71	<b>9.43</b>	BLANCO LORENZO, ALDARA	AG-202868	2	2013	BN	OUROR	Ourense	03/12/2022
72	<b>9.45</b>	FERNANDEZ FERNANDEZ, AITANA	AG-13400	2	2013	BN	ADAOR	Lugo	30/01/2022
73	<b>9.45</b>	PÉREZ IGLESIAS, ANTÍA	AG-11819	1	2013	BN	LUCLU	Lugo	19/02/2022
74	<b>9.45</b>	RODRIGUEZ CERREDELO, ANTIA	AG-16911	2	2013	BN	LIM_O	Ourense	27/11/2022
75	<b>9.47</b>	FERNÁNDEZ DÍAZ, OLIVIA	AG-9442	3	2013	BN	XUNC	Lugo	10/12/2022
76	<b>9.49</b>	RODRIGUEZ HUERTA, MARTINA	AG-10926	3	2014	BN	ADAOR	Ourense	03/12/2022

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#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
77	<b>9.49</b>	PEREIRO PIÑEIRO, DANIELA	AG-12108	4	2013	BN	LUELU Lugo		10/12/2022
78	<b>9.50</b>	REY RAMOS, CORA	AG-12618	1	2013	BN	MARC A Coruña		01/03/2022
79	<b>9.51</b>	MURADO PELAEZ, ALEJANDRA	AG-15211	1	2014	BN	LUELU Lugo		10/12/2022
80	<b>9.52</b>	GÓMEZ VÁZQUEZ, XIANA	AG-9693	7	2014	BN	PUROR Ourense		04/03/2022
81	<b>9.53</b>	SANCHEZ GOMEZ, GEMA	AG-8483	2	2013	BN	MRL Lugo		19/02/2022
82	<b>9.53</b>	REGO VÁZQUEZ, MARTA	AG-14369	2	2013	BN	CASC A Coruña		01/03/2022
83	<b>9.53</b>	BLANCO LAMA, IRIA	AG-12152	6	2013	BN	LIM_O Ourense		06/03/2022
84	<b>9.53</b>	ENRÍQUEZ BLANCO, CECILIA	AG-3913	5	2013	BN	LIM_O Ourense		06/03/2022
85	<b>9.54</b>	FEIJOO RODRIGUEZ, ESTELA	AG-16659	5	2013	BN	LIM_O Ourense		03/12/2022
86	<b>9.57</b>	ALVAREZ NOGUEIRAS, LUCIA	AG-7924	4	2013	BN	OUROR Ourense		29/01/2022
87	<b>9.57</b>	MORALES PEDREIRA, PAULA	AG-2210	3	2014	BN	MARC A Coruña		01/03/2022
88	<b>9.57</b>	COUSO COUSO, ALDARA	AG-16901	2	2013	BN	PIRIN Lugo		10/12/2022
89	<b>9.59</b>	BEIS VÁZQUEZ, XOANA	AG-14352	2	2013	BN	CASC Lugo		05/03/2022
90	<b>9.60</b>	DIZ CHAPADO, LARA	AG-7964	2	2013	BN	LIM_O Ourense		29/01/2022
91	<b>9.60</b>	ÁLVAREZ HERNÁN, LÍA	AG-11679	6	2013	BN	PUROR Ourense		04/03/2022
92	<b>9.60</b>	CELA REY, NORA	AG-12297	3	2013	BN	POLLU Lugo		10/12/2022
93	<b>9.64</b>	DOMINGUEZ ARIAS, AINHOA	AG-10927	2	2014	BN	ADAOR Ourense		04/03/2022
94	<b>9.66</b>	ALVARADO BENCHEIKH, UXÍA	AG-13535	1	2014	BN	OUROR Ourense		27/11/2022
95	<b>9.67</b>	ROMAN OSORIO, SILVIA	AG-14649	4	2013	BN	POLLU Lugo		05/03/2022
96	<b>9.67</b>	GUTIERREZ INGERTO, LENA	AG-12279	3	2014	BN	DVPL Lugo		10/12/2022
97	<b>9.68</b>	DAHMOUNI LAHRACH, AIHA	AG-14335	3	2014	BN	LUELU Lugo		05/03/2022
98	<b>9.68</b>	RODRIGUEZ RODRIGUEZ, LUZ DANIEL	AG-9491	3	2013	BN	OUROR Ourense		03/12/2022
99	<b>9.74</b>	PEREZ CODESIDO, AINHOA	AG-11381	2	2013	BN	ADAOR Ourense		27/11/2022
100	<b>9.77</b>	CORREDOIRA RODRIGUEZ, SIRA	AG-14048	4	2014	BN	PIRIN Lugo		05/03/2022
101	<b>9.78</b>	SALGADO MANSO, NOA	AG-13941	5	2014	BN	OUROR Ourense		06/03/2022
102	<b>9.78</b>	VÁZQUEZ RODRÍGUEZ, SILVIA	AG-13668	3	2014	BN	PUROR Ourense		27/11/2022
103	<b>9.82</b>	RODRIGUEZ TAVARA, BIANCA	AG-8376	5	2014	BN	MRL Lugo		05/03/2022
104	<b>9.83</b>	MARTÍNEZ TABOADA, EVA	AG-13910	2	2014	BN	OUROR Ourense		29/01/2022
105	<b>9.84</b>	NIMO MARTINEZ, CRISTINA	AG-8750	2	2014	BN	CASC A Coruña		01/03/2022
106	<b>9.84</b>	FERNANDEZ GONZALEZ, LAURA	AG-15563	3	2013	BN	ADAOR Ourense		27/11/2022
107	<b>9.87</b>	CASTRO BARBEITO, CAMILA THIHUE	AG-15103	4	2014	BN	RZCC Lugo		30/01/2022
108	<b>9.87</b>	GARCÍA GONZÁLEZ, IRENE	AG-13632	6	2014	BN	SGPPO Ourense		06/03/2022
109	<b>9.87</b>	SOTO PÉREZ, IRENE	AG-5661	5	2014	BN	PUROR Ourense		03/12/2022
110	<b>9.88</b>	GARCIA MORALES, ANTELA	AG-202867	4	2013	BN	OUROR Ourense		27/11/2022
111	<b>9.90</b>	FERNÁNDEZ LÓPEZ, ANTÍA	AG-202876	3	2014	BN	OUROR Ourense		29/01/2022
112	<b>9.91</b>	DÍAZ VÁZQUEZ, COMBA	AG-202856	4	2013	BN	FRALU Lugo		10/12/2022
113	<b>9.94</b>	ROMAN OSORIO, LAURA	AG-14648	6	2014	BN	POLLU Lugo		05/03/2022
114	<b>9.95</b>	LENDOIRO REY, CLAUDIA	AG-9219	2	2014	BN	NAOC Lugo		30/01/2022

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#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
115	<b>9.96</b>	SERANTES VIGO, SARA	AG-15196	2	2014	BN	RZCC Lugo		30/01/2022
116	<b>9.96</b>	BASANTA MONTOUTO, NOA	AG-16903	4	2013	BN	PIRIN Lugo		10/12/2022
117	<b>9.97</b>	LOPEZ PEDRERO, LUCIA	AG-16580	4	2013	BN	OUROR Ourense		27/11/2022
118	<b>10.00</b>	CAMPOS ROMASANTA, XULIA	AG-7971	6	2013	BN	OUROR Ourense		03/12/2022
119	<b>10.00</b>	PIN VILLAR, CARMEN	AG-8041	5	2014	BN	LUCLU Lugo		10/12/2022
120	<b>10.02</b>	RODRIGUEZ PATO, ARIANA	AG-16594	5	2014	BN	PUROR Ourense		27/11/2022
121	<b>10.04</b>	LICERAS GRACIA, MARTINA	AG-16221	5	2013	BN	OUROR Ourense		27/11/2022
122	<b>10.04</b>	VAL VIQUEIRA, IRENE	AG-11674	6	2014	BN	OUROR Ourense		27/11/2022
123	<b>10.06</b>	MUÑOZ LOPEZ, NOA	AG-12368	4	2014	BN	CORPO Ourense		06/03/2022
124	<b>10.07</b>	DIAZ GOMEZ, JULIA	AG-13580	3	2013	BN	ADAOR Lugo		30/01/2022
125	<b>10.08</b>	GONZALEZ QUINTELA, ANTIA	AG-11310	3	2014	BN	RZCC A Coruña		01/03/2022
126	<b>10.08</b>	AMOR LOPEZ, ELENA	AG-11316	1	2013	BN	COCC A Coruña		01/03/2022
127	<b>10.09</b>	LÓPEZ CARNERO, JIMENA	AG-13794	7	2013	BN	PUROR Ourense		06/03/2022
128	<b>10.09</b>	TRILLO SOMOZA, LÚA	AG-9444	2	2013	BN	XUNC Lugo		10/12/2022
129	<b>10.12</b>	TORRE TRIPIANA, ALEJANDRA	AG-16617	3	2014	BN	LUCLU Lugo		10/12/2022
130	<b>10.13</b>	COUCEIRO GARCÍA, BLANCA	AG-10989	5	2013	BN	RZCC Lugo		30/01/2022
131	<b>10.15</b>	BARREIRO PEREZ, MIRELA	AG-14757	4	2013	BN	COCC A Coruña		01/03/2022
132	<b>10.15</b>	ROMASANTA RODRIGUEZ, ZOE	AG-12055	4	2014	BN	ADAOR Ourense		03/12/2022
133	<b>10.16</b>	LOPEZ FUENTES, EVA	AG-7919	4	2013	BN	OUROR Ourense		29/01/2022
134	<b>10.16</b>	ARIAS VAZQUEZ, JULIA	AG-15427	5	2014	BN	FRALU Lugo		10/12/2022
135	<b>10.16</b>	DEIROS GONZÁLEZ, VANESSA	AG-8065	5	2013	BN	LUCLU Lugo		10/12/2022
136	<b>10.21</b>	PRADO OCAMPO, SARELA	AG-5748	5	2013	BN	PUROR Ourense		06/03/2022
137	<b>10.23</b>	RODRIGUEZ GALLARDO, LOIS	AG-15459	3	2014	BN	PIRIN Lugo		19/02/2022
138	<b>10.24</b>	CARREÑO FERNÁNDEZ, ALBA	AG-13906	5	2013	BN	OUROR Ourense		04/03/2022
139	<b>10.33</b>	MALVIDO MOREIRAS, ISABEL	AG-13934	6	2014	BN	OUROR Ourense		04/03/2022
140	<b>10.35</b>	PEREZ VARELA, CARLA	AG-8374	4	2014	BN	MRL Lugo		05/03/2022
141	<b>10.37</b>	RAIHANE ES SAJDANI, LINA	AG-14333	2	2013	BN	LUELU Lugo		05/03/2022
142	<b>10.38</b>	GANDROY YAÑEZ, ERIKA	AG-16892	5	2014	BN	FRALU Lugo		10/12/2022
143	<b>10.45</b>	RODRIGUEZ SOTO, MARTA	AG-14233	3	2013	BN	ESCLU Lugo		05/03/2022
144	<b>10.46</b>	PRADA REY, ALEXIA	AG-13777	5	2014	BN	ADAOR Ourense		29/01/2022
145	<b>10.46</b>	SERRANO SUÁREZ, MARÍA	AG-15116	2	2014	BN	RZCC A Coruña		01/03/2022
146	<b>10.51</b>	PIÑEIRO LOPEZ, ANTIA	AG-8375	4	2014	BN	MRL Lugo		10/12/2022
147	<b>10.54</b>	PITA SANCHEZ, AITANA	AG-14885	3	2013	BN	POLLU Lugo		05/03/2022
148	<b>10.55</b>	LOPEZ-LEITON GARCIA, LIA	AG-16893	2	2013	BN	FRALU Lugo		10/12/2022
149	<b>10.57</b>	OTERO LOPEZ, PAULA	AG-13310	4	2014	BN	LUELU Lugo		19/02/2022
150	<b>10.58</b>	PEIXOTO VENTURA, VICTORIA	AG-15455	3	2013	BN	CASC A Coruña		01/03/2022
151	<b>10.59</b>	GRIGORODI VIEJO, ALKYONI	AG-11321	4	2013	BN	COCC A Coruña		01/03/2022
152	<b>10.63</b>	VAZQUEZ SANZ, CARMEN	AG-16936	4	2014	BN	PIRIN Lugo		10/12/2022

**CATEGORIA BENXAMIN - SUB10 FEMININA**

**50 metros lisos**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
153	<b>10.64</b>	DIAZ BLANCO, IRIS	AG-11359	5	2014	BN	GANLU Lugo		05/03/2022
154	<b>10.68</b>	MARTÍNEZ DÍAZ, VEGA	AG-15107	4	2014	BN	RZCC A Coruña		01/03/2022
155	<b>10.71</b>	BERNABE DIAZ, AMANDA	AG-14818	5	2013	BN	COCC A Coruña		01/03/2022
156	<b>10.71</b>	FERNANDEZ GARCIA, IRIA	AG-10690	5	2013	BN	POLLU Lugo		05/03/2022
157	<b>10.74</b>	GONZÁLEZ GONZÁLEZ, IRIA	AG-11815	4	2013	BN	FRALU Lugo		30/01/2022
158	<b>10.76</b>	MOURIÑO VAZQUEZ, CECILIA	AG-16591	6	2013	BN	PUROR Ourense		27/11/2022
159	<b>10.90</b>	LOAIZA ERAZO, YERETZY J.	AG-15315	5	2014	BN	NAOC Lugo		05/03/2022
160	<b>10.93</b>	RUBÍN SANTOS, XOANA	AG-15114	4	2014	BN	RZCC Lugo		30/01/2022
161	<b>10.96</b>	SOBRINO CASALES, JULIA	AG-8664	3	2014	BN	CASC A Coruña		01/03/2022
162	<b>10.98</b>	LOPEZ MENENDEZ, MARTINA	AG-16983	3	2014	BN	PIRIN Lugo		10/12/2022
163	<b>11.04</b>	BELON LOPEZ, LUCIA	AG-16984	6	2014	BN	PIRIN Lugo		10/12/2022
164	<b>11.06</b>	BLANCO VIDAL, ELIA	AG-13068	4	2014	BN	MCHC A Coruña		01/03/2022
165	<b>11.10</b>	CASTRO PINILLA, CANDELA	AG-8353	4	2014	BN	MRL Lugo		19/02/2022
166	<b>11.13</b>	VIDAL CARBALLAL, CATALINA	AG-14652	5	2013	BN	POLLU Lugo		19/02/2022
167	<b>11.13</b>	ZWICKER FERNANDEZ, SOFIA	AG-16929	5	2014	BN	PIRIN Lugo		10/12/2022
168	<b>11.23</b>	SANCHEZ SANFIZ, IRENE	AG-13998	6	2013	BN	DVPL Lugo		19/02/2022
169	<b>11.24</b>	RUIZ PEREZ, NOA	AG-11200	5	2014	BN	COCC A Coruña		01/03/2022
170	<b>11.27</b>	FIGUEROA ABELLEIRA, NOA	AG-16891	6	2014	BN	FRALU Lugo		10/12/2022
171	<b>11.69</b>	RIELO ABUIN, CANDELA	AG-15452	6	2014	BN	POLLU Lugo		19/02/2022
172	<b>11.77</b>	CORRAL POTENTE, ALICIA	AG-15441	5	2014	BN	PIRIN Lugo		05/03/2022
173	<b>11.93</b>	BARREIROS ROIG, BLANCA	AG-10727	7	2013	BN	PUROR Ourense		03/12/2022
174	<b>12.57</b>	CARREGAL NEAMTU, ADRIANA	AG-14205	5	2014	BN	ADAOR Lugo		30/01/2022



**CATEGORIA BENXAMIN - SUB10 FEMININA**

**500 metros lisos**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
1	<b>1.38.81</b>	ORTIGUEIRA RIVERA, CELIA	AG-16867	1	2013	BN	NAOC Ourense	Ourense	11/12/2022
2	<b>1.40.86</b>	IGLESIAS CASTRILLO, ARHANE	AG-12421	2	2014	BN	LUELU Ourense	Ourense	11/12/2022
3	<b>1.40.89</b>	CRESPO ALONSO, PAULA	AG-10923	3	2014	BN	ADAOR Ourense	Ourense	11/12/2022
4	<b>1.41.74</b>	CANCELAS VILAS, LUCÍA	AG-14315	4	2014	BN	VCGPO Ourense	Ourense	11/12/2022
5	<b>1.45.70</b>	BASTEIRO FERNÁNDEZ DE LA CIGOÑA	AG-12290	2	2013	BN	VALPO Ourense	Ourense	12/03/2022
6	<b>1.46.57</b>	RIERA PÉREZ, LENA	AG-12120	3	2013	BN	VALPO Ourense	Ourense	12/03/2022
7	<b>1.46.86</b>	PEDROUZO FONTELA, DANIELA	AG-8372	4	2014	BN	MRL Ourense	Ourense	12/03/2022
8	<b>1.47.02</b>	VALIÑA FERNÁNDEZ, ALDARA	AG-13009	5	2013	BN	PUROR Ourense	Ourense	12/03/2022
9	<b>1.47.30</b>	QUINTELA BARRIOS, CARLOTA	AG-7996	6	2014	BN	LUELU Ourense	Ourense	12/03/2022
10	<b>1.47.43</b>	PIZORNO INIERARORREMEÑDIA, LEO	AG-16600	1	2013	BN	PUROR Ourense	Ourense	27/11/2022
11	<b>1.48.46</b>	SANTOS FERNANDEZ, CARMELA	AG-202584	7	2013	BN	ADCPO Ourense	Ourense	12/03/2022
12	<b>1.48.72</b>	GONZÁLEZ NÓVOA, DANIELA	AG-5663	8	2013	BN	PUROR Ourense	Ourense	12/03/2022
13	<b>1.48.78</b>	SABORIDO DOZO, LIA	AG-13139	5	2013	BN	SGPPO Ourense	Ourense	11/12/2022
14	<b>1.49.50</b>	CID CECILIA, ITZIAR	AG-13426	1	2013	BN	ADAOR Ourense	Ourense	04/03/2022
15	<b>1.51.51</b>	BEIS VÁZQUEZ, XOANA	AG-14352	10	2013	BN	CASC Ourense	Ourense	12/03/2022
16	<b>1.51.77</b>	CACHARRO RODRIGUEZ, REBECA	AG-16598	2	2013	BN	PUROR Ourense	Ourense	27/11/2022
17	<b>1.52.35</b>	GUNDÍN RODRIGUEZ, LUCIA	AG-12775	1	2013	BN	MCHC A Coruña	A Coruña	30/12/2022
18	<b>1.52.56</b>	FERNANDEZ PEREZ, LAURA	AG-7361	11	2013	BN	RIAC Ourense	Ourense	12/03/2022
19	<b>1.52.87</b>	VAZQUEZ RIOS, ELIA	AG-11355	12	2013	BN	GANLU Ourense	Ourense	12/03/2022
20	<b>1.53.36</b>	ZULUAGA LAMAZARES, SARA	AG-13878	13	2013	BN	CASC Ourense	Ourense	12/03/2022
21	<b>1.53.79</b>	FERNANDEZ FERNANDEZ, AITANA	AG-13400	14	2013	BN	ADAOR Ourense	Ourense	12/03/2022
22	<b>1.53.97</b>	LAGADEC MARTINEZ, ELENA	AG-12079	3	2013	BN	ADAOR Ourense	Ourense	04/03/2022
23	<b>1.53.99</b>	ENRÍQUEZ BLANCO, CECILIA	AG-3913	3	2013	BN	LIM_O Ourense	Ourense	27/11/2022
24	<b>1.54.41</b>	DAHMOUNI LAHRACH, AIHA	AG-14335	15	2014	BN	LUELU Ourense	Ourense	12/03/2022
25	<b>1.54.91</b>	ALVAREZ NOGUEIRAS, LUCIA	AG-7924	4	2013	BN	OUROR Ourense	Ourense	27/11/2022
26	<b>1.54.92</b>	FONSECA DOVAL, NAILA	AG-202897	1	2013	BN	LIM_O Ourense	Ourense	27/11/2022
27	<b>1.55.90</b>	SIVARREY LOPEZ, ELIA	AG-12855	16	2013	BN	LUELU Ourense	Ourense	12/03/2022
28	<b>1.56.01</b>	FEIJOO RODRIGUEZ, ESTELA	AG-16659	2	2013	BN	LIM_O Ourense	Ourense	27/11/2022
29	<b>1.56.18</b>	MARTINEZ LILLO, MARTINA	AG-11356	17	2013	BN	GANLU Ourense	Ourense	12/03/2022
30	<b>1.56.48</b>	BLANCO LAMA, IRIA	AG-12152	3	2013	BN	LIM_O Ourense	Ourense	27/11/2022
31	<b>1.56.71</b>	GARCIA CIDRAS, DAIRA	AG-5856	19	2013	BN	PINPO Ourense	Ourense	12/03/2022
32	<b>1.56.77</b>	BLANCO LORENZO, ALDARA	AG-202868	4	2013	BN	OUROR Ourense	Ourense	04/03/2022
33	<b>1.57.22</b>	COUSELO LEIVAS, ALDARA	AG-15197	3	2014	BN	RZCC A Coruña	A Coruña	30/12/2022
34	<b>1.57.27</b>	REY RAMOS, CORA	AG-12618	4	2013	BN	MARC A Coruña	A Coruña	30/12/2022
35	<b>1.57.40</b>	AÑEL GONZALEZ, MANUELA	AG-16579	5	2013	BN	PUROR Ourense	Ourense	27/11/2022
36	<b>1.58.22</b>	MORALES PEDREIRA, PAULA	AG-2210	20	2014	BN	MARC Ourense	Ourense	12/03/2022
37	<b>1.58.99</b>	FERNÁNDEZ LOMBARDÍA, LUCÍA	AG-202878	21	2013	BN	FRALU Ourense	Ourense	12/03/2022
38	<b>2.00.78</b>	PEREZ CODESIDO, AINHOA	AG-11381	7	2013	BN	ADAOR Ourense	Ourense	27/11/2022

**CATEGORIA BENXAMIN - SUB10 FEMININA**

**500 metros lisos**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
39	<b>2.01.60</b>	RUBINOS RUBINOS, SARA	AG-8062	22	2013	BN	POLLU	Ourense	12/03/2022
40	<b>2.01.75</b>	SANCHEZ REY, LUISA	AG-17402	5	2013	BN	MCHC	A Coruña	30/12/2022
41	<b>2.01.79</b>	LAMAS SOAGE, CLARA	AG-11594	23	2013	BN	PINPO	Ourense	12/03/2022
42	<b>2.02.10</b>	PRIETO FERNANDEZ, ALEJANDRA	AG-11385	2	2013	BN	ADAOR	Ourense	04/03/2022
43	<b>2.04.20</b>	MUÑOZ BARRIENTOS, VALERIA	AG-8694	8	2014	BN	CASC	Ourense	11/12/2022
44	<b>2.07.85</b>	SOTO PÉREZ, IRENE	AG-5661	4	2014	BN	PUROR	Ourense	04/03/2022
45	<b>2.08.17</b>	REGO VÁZQUEZ, MARTA	AG-14369	6	2013	BN	CASC	A Coruña	30/12/2022
46	<b>2.08.85</b>	ALVARADO BENCHEIKH, UXÍA	AG-13535	4	2014	BN	OUROR	Ourense	27/11/2022
47	<b>2.10.62</b>	PITA CEREIJO, LARA	AG-14075	7	2013	BN	RIAC	A Coruña	30/12/2022
48	<b>2.11.17</b>	FERNANDEZ FERNANDEZ, INES	AG-11387	5	2013	BN	ADAOR	Ourense	27/11/2022
49	<b>2.11.83</b>	FERNANDEZ GONZALEZ, LAURA	AG-15563	6	2013	BN	ADAOR	Ourense	27/11/2022
50	<b>2.20.16</b>	ARROYO CARRO, ARIADNA	AG-15681	8	2013	BN	CASC	A Coruña	30/12/2022
51	<b>2.22.56</b>	RODRIGUEZ CERREDELO, ANTIA	AG-16911	7	2013	BN	LIM_O	Ourense	27/11/2022

**CATEGORIA BENXAMIN - SUB10 FEMININA**

**1.000 metros lisos**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
1	<b>3.48.49</b>	ALVAREZ VELASCO, CLAUDIA	GA-1024	1	2013	BN	LUELU Ourense		12/03/2022
2	<b>3.49.14</b>	SOLLA UCHA, ALBA	AG-5857	2	2013	BN	PINPO Ourense		12/03/2022
3	<b>4.00.51</b>	BARGUEIRAS DIAZ, MARTA	AG-202851	3	2013	BN	LUELU Ourense		12/03/2022
4	<b>4.02.28</b>	SOTO PÉREZ, IRENE	AG-5661	2	2014	BN	PUROR Ourense		11/12/2022
5	<b>4.02.31</b>	PALLAS RODRIGUEZ, DEVA	AG-3977	1	2014	BN	AVAPO Ourense		03/12/2022
6	<b>4.03.76</b>	GARCIA PICON, AITANA	AG-58	4	2013	BN	NTBC Ourense		12/03/2022
7	<b>4.06.13</b>	FERNANDEZ CASTRO, MARIA	GA-1019	5	2013	BN	LUELU Ourense		12/03/2022
8	<b>4.06.87</b>	PARCERO MARTINEZ, NORA	AG-13701	6	2013	BN	VCGPO Ourense		12/03/2022
9	<b>4.08.58</b>	SEOANE CASTRO, CATALINA	AG-15409	4	2013	BN	SGPPO Ourense		11/12/2022
10	<b>4.09.98</b>	GÓMEZ VÁZQUEZ, XIANA	AG-9693	8	2014	BN	PUROR Ourense		12/03/2022
11	<b>4.11.05</b>	CID CECILIA, ITZIAR	AG-13426	5	2013	BN	ADAOR Ourense		11/12/2022
12	<b>4.15.55</b>	CORRALES RIOBO, SOFIA	AG-10506	10	2014	BN	VCGPO Ourense		12/03/2022
13	<b>4.17.66</b>	MORALES AMORIN, ESTELA	AG-15190	4	2014	BN	PUROR Ourense		03/12/2022
14	<b>4.23.72</b>	PIÑEIRO VAZQUEZ, CARLA	AG-14997	6	2014	BN	NAOC Ourense		11/12/2022
15	<b>4.27.72</b>	BLANCO LORENZO, ALDARA	AG-202868	11	2013	BN	OUROR Ourense		12/03/2022
16	<b>4.28.45</b>	VELASCO PENEDO, ARIA	AG-14826	5	2013	BN	VALPO Ourense		03/12/2022
17	<b>4.29.40</b>	ENRÍQUEZ BLANCO, CECILIA	AG-3913	6	2013	BN	LIM_O Ourense		03/12/2022
18	<b>4.29.44</b>	GONZÁLEZ NÓVOA, DANIELA	AG-5663	7	2013	BN	PUROR Ourense		03/12/2022
19	<b>4.30.14</b>	DIBUJA CONDE, MARÍA	AG-202892	12	2013	BN	PUROR Ourense		12/03/2022
20	<b>4.32.89</b>	GIL CASTIÑEIRAS, DANIELA	AG-6978	13	2014	BN	SDCC Ourense		12/03/2022
21	<b>4.35.64</b>	LÓPEZ SANMARTÍN, LAURA	AG-7694	14	2013	BN	MRAC Ourense		12/03/2022
22	<b>4.37.67</b>	FEIJOO RODRIGUEZ, ESTELA	AG-16659	8	2013	BN	LIM_O Ourense		03/12/2022
23	<b>4.41.03</b>	RODRIGUEZ VARELA, MARTA	AG-8005	15	2013	BN	VALPO Ourense		12/03/2022
24	<b>4.44.47</b>	TRILLO SOMOZA, LÚA	AG-9444	16	2013	BN	XUNC Ourense		12/03/2022
25	<b>4.49.05</b>	DONSION CUÑARRO, LAURA	AG-5978	17	2014	BN	DEZPO Ourense		12/03/2022
26	<b>4.56.05</b>	REGO VÁZQUEZ, MARTA	AG-14369	8	2013	BN	CASC Ourense		11/12/2022
27	<b>5.00.57</b>	RODRIGUEZ CERREDELO, ANTIA	AG-16911	9	2013	BN	LIM_O Ourense		03/12/2022



**CATEGORIA BENXAMIN - SUB10 FEMININA**

**Salto de altura**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
1	<b>1,13</b>	BEIS VÁZQUEZ, XOANA	AG-14352	1	2013	BN	CASC Ourense		11/12/2022
2	<b>1,08</b>	ENRIQUEZ MOLDES, CAMILA	AG-12411	2	2013	BN	VCGPO Ourense		11/12/2022
3	<b>1,08</b>	DE LA PLAZA CALVO, DANIELA	AG-14088	3	2013	BN	ESCLU Ourense		11/12/2022
4	<b>1,03</b>	ALEJANDRE LOPEZ, CARLOTA	AG-13492	4	2013	BN	ADAOR Ourense		11/12/2022
5	<b>1,03</b>	GAY GONZALEZ, EREA	AG-13124	5	2013	BN	LUELU Ourense		11/12/2022
6	<b>1,03</b>	VAZQUEZ ROLAN, ADRIANA	AG-12500	6	2013	BN	NAOC Ourense		11/12/2022
7	<b>1,02</b>	SANCHEZ YAÑEZ, IRINA	AG-10930	2	2013	BN	ADAOR Ourense		12/03/2022
8	<b>0,98</b>	ÁLVAREZ HERNÁN, LÍA	AG-11679	7	2013	BN	PUROR Ourense		11/12/2022
9	<b>0,93</b>	DOMÍNGUEZ DIÉGUEZ, MARTA	AG-13914	1	2014	BN	OUROR Ourense		29/01/2022
10	<b>0,93</b>	LAGADEC MARTINEZ, ELENA	AG-12079	1	2013	BN	ADAOR Ourense		29/01/2022
11	<b>0,92</b>	FELEZ GARCIA, JADE	AG-5988	6	2013	BN	DEZPO Ourense		12/03/2022
12	<b>0,92</b>	ALVAREZ NOGUEIRAS, LUCIA	AG-7924	7	2013	BN	OUROR Ourense		12/03/2022
13	<b>0,92</b>	VAZQUEZ DA ROCHA, LIA	AG-13865	4	2013	BN	ADAOR Ourense		12/03/2022
14	<b>0,92</b>	FERNÁNDEZ BUTRÓN, CARMELA	AG-12733	8	2013	BN	SGPPO Ourense		11/12/2022
15	<b>0,87</b>	SALGUEIRO LÓPEZ, TELMA	AG-13328	8	2013	BN	DEZPO Ourense		12/03/2022
16	<b>0,87</b>	SABORIDO DOZO, LIA	AG-13139	8	2013	BN	SGPPO Ourense		12/03/2022
17	<b>0,87</b>	FERNÁNDEZ DÍAZ, OLIVIA	AG-9442	10	2013	BN	XUNC Ourense		12/03/2022
18	<b>0,86</b>	LOPEZ FUENTES, EVA	AG-7919	4	2013	BN	OUROR Ourense		29/01/2022
19	<b>0,86</b>	CRESPO ALONSO, PAULA	AG-10923	3	2014	BN	ADAOR Ourense		29/01/2022
20	<b>0,81</b>	VAL VIQUEIRA, IRENE	AG-11674	11	2014	BN	OUROR Ourense		12/03/2022
21	<b>0,81</b>	VARGAS SIRLOPU, YESHIA	AG-12575	11	2014	BN	SGPPO Ourense		12/03/2022

**CATEGORIA BENXAMIN - SUB10 FEMININA**

**Salto de lonxitude**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
1	<b>3,77</b>	MERA VAZQUEZ, VALERIA	AG-15016	1	2013	BN	NAOC Ourense		11/12/2022
2	<b>3,52</b>	VAZQUEZ DA ROCHA, LIA	AG-13865	2	2013	BN	ADAOR Ourense		11/12/2022
3	<b>3,39</b>	MENDEZ SANCOSMED, ZAIRA	AG-5956	3	2013	BN	LUELU Ourense		11/12/2022
4	<b>3,30</b>	NIMO ANEIROS, PAULA	AG-8649	4	2013	BN	CASC Ourense		11/12/2022
5	<b>3,24</b>	ZURITA VÁZQUEZ, CARLA	AG-13540	1	2013	BN	LUCLU Lugo		10/12/2022
6	<b>3,23</b>	SIVARREY LOPEZ, ELIA	AG-12855	2	2013	BN	LUELU Lugo		10/12/2022
7	<b>3,13</b>	BALTAR CANOURA, IRIA	AG-14086	5	2013	BN	ESCLU Ourense		11/12/2022
8	<b>3,12</b>	DE LA PLAZA CALVO, DANIELA	AG-14088	1	2013	BN	ESCLU Lugo		10/12/2022
9	<b>3,09</b>	CASAÑAS PEDRARES, OLIVIA	AG-7935	2	2013	BN	BAIPO Ourense		12/03/2022
10	<b>3,04</b>	FERNANDEZ CASTRO, MARIA	GA-1019	3	2013	BN	LUELU Lugo		10/12/2022
11	<b>3,02</b>	GIL TORRES, LEIRE	AG-9395	1	2013	BN	ADAOR Ourense		27/11/2022
12	<b>3,02</b>	SOTO AÑEL, LEIRE	AG-13811	6	2013	BN	PUROR Ourense		11/12/2022
13	<b>3,00</b>	PEDROUZO FONTELA, DANIELA	AG-8372	1	2014	BN	MRL Lugo		10/12/2022
14	<b>2,93</b>	ENRÍQUEZ BLANCO, CECILIA	AG-3913	2	2013	BN	LIM_O Ourense		27/11/2022
15	<b>2,89</b>	ALVAREZ VELASCO, CLAUDIA	GA-1024	4	2013	BN	LUELU Lugo		10/12/2022
16	<b>2,87</b>	ALEJANDRE LOPEZ, CARLOTA	AG-13492	5	2013	BN	ADAOR Ourense		12/03/2022
17	<b>2,81</b>	LAGADEC MARTINEZ, ELENA	AG-12079	1	2013	BN	ADAOR Ourense		29/01/2022
18	<b>2,80</b>	CASAL CAMPELO, ANA	AG-14463	7	2013	BN	SGPPO Ourense		11/12/2022
19	<b>2,79</b>	RODRÍGUEZ RODRÍGUEZ, EMMA	AG-11586	3	2014	BN	PUROR Ourense		27/11/2022
20	<b>2,74</b>	QUINTELA BARRIOS, CARLOTA	AG-7996	3	2014	BN	LUELU Lugo		10/12/2022
21	<b>2,72</b>	GARCÍA GRANADO, BELMA	AG-13032	2	2014	BN	LUCLU Lugo		10/12/2022
22	<b>2,67</b>	ENRIQUEZ MOLDES, CAMILA	AG-12411	6	2013	BN	VCGPO Ourense		12/03/2022
23	<b>2,63</b>	ALVAREZ NOGUEIRAS, LUCIA	AG-7924	4	2013	BN	OUROR Ourense		27/11/2022
24	<b>2,61</b>	BARGUEIRAS DIAZ, MARTA	AG-202851	3	2013	BN	LUELU Lugo		05/03/2022
25	<b>2,57</b>	MURADO PELAEZ, ALEJANDRA	AG-15211	3	2014	BN	LUELU Lugo		10/12/2022
26	<b>2,56</b>	GERBOLES CALVO, IRIA	AG-12337	9	2013	BN	ADAOR Ourense		12/03/2022
27	<b>2,54</b>	PEREA LORENZO, DAFNE	AG-11568	10	2014	BN	NOYC Ourense		12/03/2022
28	<b>2,54</b>	SALGADO PEREIRO, EMMA	AG-11650	8	2014	BN	VCGPO Ourense		11/12/2022
29	<b>2,52</b>	DIAZ-BECERRA CHAPA, OLIVIA	AG-16890	5	2014	BN	FRALU Lugo		10/12/2022
30	<b>2,51</b>	SÁNCHEZ MAYOR, GABRIELA	AG-13022	4	2013	BN	LUCLU Lugo		10/12/2022
31	<b>2,49</b>	PRIETO FERNANDEZ, ALEJANDRA	AG-11385	5	2013	BN	ADAOR Ourense		27/11/2022
32	<b>2,48</b>	LAMAS SOAGE, CLARA	AG-11594	11	2013	BN	PINPO Ourense		12/03/2022
33	<b>2,47</b>	FELEZ GARCIA, JADE	AG-5988	12	2013	BN	DEZPO Ourense		12/03/2022
34	<b>2,47</b>	PORTAS DIAZ, MARIÑA	AG-15451	5	2014	BN	POLLU Lugo		10/12/2022
35	<b>2,47</b>	PIN VILLAR, MARIÑA	AG-8059	4	2013	BN	LUCLU Lugo		10/12/2022
36	<b>2,46</b>	CRESPO ALONSO, PAULA	AG-10923	3	2014	BN	ADAOR Ourense		29/01/2022
37	<b>2,46</b>	VAZQUEZ ROLAN, ADRIANA	AG-12500	1	2013	BN	NAOC Lugo		05/03/2022
38	<b>2,46</b>	IGLESIAS CASTRILLO, ARHANE	AG-12421	5	2014	BN	LUELU Lugo		10/12/2022

**CATEGORIA BENXAMIN - SUB10 FEMININA**

**Salto de lonxitude**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
39	<b>2,45</b>	PEREIRO PIÑEIRO, DANIELA	AG-12108	6	2013	BN	LUELU Lugo		10/12/2022
40	<b>2,44</b>	RODRÍGUEZ CONDE, ARIADNA	AG-8092	6	2013	BN	LUCLU Lugo		10/12/2022
41	<b>2,42</b>	PÉREZ VIGO, CLAUDIA	AG-8053	2	2013	BN	LUCLU Lugo		05/03/2022
42	<b>2,39</b>	FERNÁNDEZ LOMBARDÍA, LUCÍA	AG-202878	7	2013	BN	FRALU Lugo		10/12/2022
43	<b>2,39</b>	RUBINOS RUBINOS, SARA	AG-8062	7	2013	BN	POLLU Lugo		10/12/2022
44	<b>2,36</b>	LICERAS GRACIA, MARTINA	AG-16221	6	2013	BN	OUROR Ourense		27/11/2022
45	<b>2,36</b>	REAL FERNANDEZ, SARA	AG-13715	8	2014	BN	LUELU Lugo		10/12/2022
46	<b>2,34</b>	DOMINGUEZ ARIAS, AINHOA	AG-10927	7	2014	BN	ADAOR Ourense		27/11/2022
47	<b>2,33</b>	GRIGOROU DI VIEJO, ALKYONI	AG-11321	1	2013	BN	COCC A Coruña		01/03/2022
48	<b>2,32</b>	LENDROIRO REY, CLAUDIA	AG-9219	6	2014	BN	NAOC Lugo		05/03/2022
49	<b>2,31</b>	PARDO DE NEYRA ZATO, PILAR ESTHE	AG-13791	3	2014	BN	FRALU Lugo		05/03/2022
50	<b>2,31</b>	BLANCO LAMA, IRIA	AG-12152	8	2013	BN	LIM_O Ourense		27/11/2022
51	<b>2,31</b>	CELA REY, NORA	AG-12297	6	2013	BN	POLLU Lugo		10/12/2022
52	<b>2,28</b>	PETEIRO DIAZ, ALBA	AG-8431	3	2013	BN	MRL Lugo		05/03/2022
53	<b>2,28</b>	CAMPOS ROMASANTA, XULIA	AG-7971	9	2013	BN	OUROR Ourense		27/11/2022
54	<b>2,27</b>	GÓMEZ BAYO, AURIA	AG-3516	4	2013	BN	OUROR Ourense		29/01/2022
55	<b>2,23</b>	RODRIGUEZ HUERTA, MARTINA	AG-10926	6	2014	BN	ADAOR Ourense		29/01/2022
56	<b>2,20</b>	DEIROS GONZÁLEZ, VANESSA	AG-8065	7	2013	BN	LUCLU Lugo		10/12/2022
57	<b>2,15</b>	RODRIGUEZ GALLARDO, LOIS	AG-15459	8	2014	BN	PIRIN Lugo		19/02/2022
58	<b>2,15</b>	DAHMOUNI LAHRACH, AIHA	AG-14335	4	2014	BN	LUELU Lugo		05/03/2022
59	<b>2,12</b>	VÁZQUEZ RODRÍGUEZ, SILVIA	AG-13668	10	2014	BN	PUROR Ourense		27/11/2022
60	<b>2,10</b>	PEREZ VARELA, CARLA	AG-8374	4	2014	BN	MRL Lugo		05/03/2022
61	<b>2,10</b>	TORRE TRIPIANA, ALEJANDRA	AG-16617	9	2014	BN	LUCLU Lugo		10/12/2022
62	<b>2,10</b>	FERNÁNDEZ DÍAZ, OLIVIA	AG-9442	8	2013	BN	XUNC Lugo		10/12/2022
63	<b>2,09</b>	COUSO COUSO, ALDARA	AG-16901	9	2013	BN	PIRIN Lugo		10/12/2022
64	<b>2,07</b>	RODRIGUEZ BUJAN, CARMEN	AG-16165	10	2013	BN	LUELU Lugo		10/12/2022
65	<b>2,03</b>	LOPEZ-LEITON GARCIA, LIA	AG-16893	9	2013	BN	FRALU Lugo		10/12/2022
66	<b>1,96</b>	PIN VILLAR, CARMEN	AG-8041	10	2014	BN	LUCLU Lugo		10/12/2022
67	<b>1,96</b>	LOPEZ MENENDEZ, MARTINA	AG-16983	11	2014	BN	PIRIN Lugo		10/12/2022
68	<b>1,94</b>	FERNANDEZ GARCIA, IRIA	AG-10690	7	2013	BN	POLLU Lugo		05/03/2022
69	<b>1,93</b>	RAIHANE ES SAJDANI, LINA	AG-14333	5	2013	BN	LUELU Lugo		05/03/2022
70	<b>1,93</b>	VAZQUEZ SANZ, CARMEN	AG-16936	11	2014	BN	PIRIN Lugo		10/12/2022
71	<b>1,92</b>	ROMAN OSORIO, SILVIA	AG-14649	5	2013	BN	POLLU Lugo		05/03/2022
72	<b>1,92</b>	FIGUEROA ABELLEIRA, NOA	AG-16891	12	2014	BN	FRALU Lugo		10/12/2022
73	<b>1,88</b>	AMOR LOPEZ, ELENA	AG-11316	2	2013	BN	COCC A Coruña		01/03/2022
74	<b>1,88</b>	TRILLO SOMOZA, LÚA	AG-9444	12	2013	BN	XUNC Lugo		10/12/2022
75	<b>1,87</b>	GONZALEZ QUINTELA, ANTIA	AG-11310	3	2014	BN	RZCC A Coruña		01/03/2022
76	<b>1,85</b>	VAL VIQUEIRA, IRENE	AG-11674	11	2014	BN	OUROR Ourense		27/11/2022

**CATEGORIA BENXAMIN - SUB10 FEMININA**

**Salto de lonxitude**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
77	<b>1,84</b>	DOMÍNGUEZ DIÉGUEZ, MARTA	AG-13914	8	2014	BN	OUROR Ourense		29/01/2022
78	<b>1,81</b>	MOURIÑO VAZQUEZ, CECILIA	AG-16591	12	2013	BN	PUROR Ourense		27/11/2022
79	<b>1,81</b>	PRADO BELTRAN, NATALIA	AG-15542	13	2014	BN	POLLU Lugo		10/12/2022
80	<b>1,81</b>	GUTIERREZ INGERTO, LENA	AG-12279	13	2014	BN	DVPL Lugo		10/12/2022
81	<b>1,79</b>	ARIAS VAZQUEZ, JULIA	AG-15427	10	2014	BN	FRALU Lugo		10/12/2022
82	<b>1,78</b>	DÍAZ VÁZQUEZ, COMBA	AG-202856	11	2013	BN	FRALU Lugo		10/12/2022
83	<b>1,75</b>	BASANTA MONTOUTO, NOA	AG-16903	12	2013	BN	PIRIN Lugo		10/12/2022
84	<b>1,74</b>	REY RAMOS, CORA	AG-12618	8	2013	BN	MARC Lugo		05/03/2022
85	<b>1,72</b>	BELON LOPEZ, LUCIA	AG-16984	13	2014	BN	PIRIN Lugo		10/12/2022
86	<b>1,71</b>	LOAIZA ERAZO, YERETZY J.	AG-15315	6	2014	BN	NAOC Lugo		05/03/2022
87	<b>1,71</b>	SIERRA FERNÁNDEZ, ZAIDA	AG-8030	8	2013	BN	POLLU Lugo		05/03/2022
88	<b>1,70</b>	COUSELO LEIVAS, ALDARA	AG-15197	4	2014	BN	RZCC A Coruña		01/03/2022
89	<b>1,70</b>	DÍAZ BLANCO, IRIS	AG-11359	7	2014	BN	GANLU Lugo		05/03/2022
90	<b>1,70</b>	MORALES AMORIN, ESTELA	AG-15190	13	2014	BN	PUROR Ourense		27/11/2022
91	<b>1,68</b>	MORALES PEDREIRA, PAULA	AG-2210	5	2014	BN	MARC A Coruña		01/03/2022
92	<b>1,67</b>	LOPEZ LUGILDE, CLAUDIA	AG-13997	8	2014	BN	DVPL Lugo		05/03/2022
93	<b>1,66</b>	ROMAN OSORIO, LAURA	AG-14648	9	2014	BN	POLLU Lugo		05/03/2022
94	<b>1,66</b>	PIÑEIRO LOPEZ, ANTIA	AG-8375	14	2014	BN	MRL Lugo		10/12/2022
95	<b>1,65</b>	PITA SANCHEZ, AITANA	AG-14885	10	2013	BN	POLLU Lugo		05/03/2022
96	<b>1,61</b>	CARREIRA CARBONES, NABIA	AG-15438	11	2014	BN	PIRIN Lugo		05/03/2022
97	<b>1,59</b>	MARTÍNEZ TABOADA, EVA	AG-13910	9	2014	BN	OUROR Ourense		29/01/2022
98	<b>1,48</b>	GANDROY YAÑEZ, ERIKA	AG-16892	14	2014	BN	FRALU Lugo		10/12/2022
99	<b>1,46</b>	ZWICKER FERNANDEZ, SOFIA	AG-16929	15	2014	BN	PIRIN Lugo		10/12/2022
100	<b>1,41</b>	CORREDOIRA RODRIGUEZ, SIRIA	AG-14048	11	2014	BN	PIRIN Lugo		05/03/2022
101	<b>1,38</b>	CORRAL POTENTE, ALICIA	AG-15441	12	2014	BN	PIRIN Lugo		05/03/2022



CATEGORIA BENXAMIN - SUB10 FEMININA

Lanzamento de peso 2 kg

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
1	<b>5,19</b>	QUIROGA LÓPEZ, SOFÍA	AG-11976	7	2014	BN	COMPO A	Coruña	01/03/2022



**CATEGORIA BENXAMIN - SUB10 FEMININA**

**Lanzamento de Peso 1kg**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
1	<b>8,27</b>	CASAÑAS PEDRARES, OLIVIA	AG-7935	1	2013	BN	BAIPO Ourense		12/03/2022
2	<b>7,11</b>	PETEIRO DIAZ, ALBA	AG-8431	1	2013	BN	MRL Lugo		10/12/2022
3	<b>7,05</b>	BALTAR CANOURA, IRIA	AG-14086	1	2013	BN	ESCLU Lugo		10/12/2022
4	<b>6,86</b>	LENDOIRO REY, CLAUDIA	AG-9219	1	2014	BN	NAOC Ourense		11/12/2022
5	<b>6,78</b>	SANCHEZ YAÑEZ, IRINA	AG-10930	2	2013	BN	ADAOR Ourense		11/12/2022
6	<b>6,53</b>	GÓMEZ BAYO, AURIA	AG-3516	1	2013	BN	OUROR Ourense		29/01/2022
7	<b>6,49</b>	PEREZ RODRIGUEZ, ITZIAR	AG-11393	1	2013	BN	ADAOR Ourense		27/11/2022
8	<b>6,33</b>	ZURITA VÁZQUEZ, CARLA	AG-13540	1	2013	BN	LUCLU Lugo		10/12/2022
9	<b>6,09</b>	ARIAS CRESPO, CARLA	AG-13779	2	2013	BN	ADAOR Ourense		27/11/2022
10	<b>6,07</b>	LÓPEZ CARNERO, JIMENA	AG-13794	3	2013	BN	PUROR Ourense		11/12/2022
11	<b>6,06</b>	NOGUEIRA RODAL, DANIELA	AG-14605	4	2014	BN	VCGPO Ourense		11/12/2022
12	<b>5,86</b>	PIN VILLAR, MARIÑA	AG-8059	2	2013	BN	LUCLU Lugo		10/12/2022
13	<b>5,73</b>	CAMPOS ROMASANTA, XULIA	AG-7971	3	2013	BN	OUROR Ourense		29/01/2022
14	<b>5,65</b>	FERNANDEZ CASTRO, MARIA	GA-1019	2	2013	BN	LUELU Lugo		10/12/2022
15	<b>5,59</b>	GERBOLES CALVO, IRIA	AG-12337	7	2013	BN	ADAOR Ourense		12/03/2022
16	<b>5,54</b>	CASTILLO CORES, ALICIA	AG-12644	5	2013	BN	SGPPO Ourense		11/12/2022
17	<b>5,53</b>	DE LA PLAZA CALVO, DANIELA	AG-14088	3	2013	BN	ESCLU Lugo		10/12/2022
18	<b>5,50</b>	BASALO GONZALEZ, ANA	AG-11382	5	2013	BN	ADAOR Ourense		27/11/2022
19	<b>5,44</b>	FERNÁNDEZ LOMBARDÍA, LUCÍA	AG-202878	3	2013	BN	FRALU Lugo		10/12/2022
20	<b>5,36</b>	FERNÁNDEZ DÍAZ, OLIVIA	AG-9442	4	2013	BN	XUNC Lugo		10/12/2022
21	<b>5,28</b>	ARROYO CARRO, ARIADNA	AG-15681	6	2013	BN	CASC Ourense		11/12/2022
22	<b>5,18</b>	PIÑEIRO VAZQUEZ, CARLA	AG-14997	1	2014	BN	NAOC Lugo		30/01/2022
23	<b>5,18</b>	MERA VAZQUEZ, VALERIA	AG-15016	2	2013	BN	NAOC Lugo		30/01/2022
24	<b>5,10</b>	FONSECA DOVAL, NAILA	AG-202897	6	2013	BN	LIM_O Ourense		27/11/2022
25	<b>5,01</b>	COUSO COUSO, ALDARA	AG-16901	5	2013	BN	PIRIN Lugo		10/12/2022
26	<b>4,95</b>	PEREIRO PIÑEIRO, DANIELA	AG-12108	4	2013	BN	LUELU Lugo		10/12/2022
27	<b>4,89</b>	CELA REY, NORA	AG-12297	6	2013	BN	POLLU Lugo		10/12/2022
28	<b>4,88</b>	RODRIGUEZ BUJAN, CARMEN	AG-16165	2	2013	BN	LUELU Lugo		10/12/2022
29	<b>4,82</b>	LAMAS SOAGE, NOA	AG-11595	9	2013	BN	PINPO Ourense		12/03/2022
30	<b>4,76</b>	DEIROS GONZÁLEZ, VANESSA	AG-8065	7	2013	BN	LUCLU Lugo		10/12/2022
31	<b>4,72</b>	ALBARRÁN OROZA, NOA	AG-8335	3	2013	BN	CASC Lugo		30/01/2022
32	<b>4,61</b>	PORTAS DIAZ, MARIÑA	AG-15451	3	2014	BN	POLLU Lugo		10/12/2022
33	<b>4,59</b>	GONZÁLEZ GONZÁLEZ, IRIA	AG-11815	4	2013	BN	FRALU Lugo		30/01/2022
34	<b>4,55</b>	QUINTELA BARRIOS, CARLOTA	AG-7996	4	2014	BN	LUELU Lugo		10/12/2022
35	<b>4,53</b>	SIVARREY LOPEZ, ELIA	AG-12855	5	2013	BN	LUELU Lugo		10/12/2022
36	<b>4,49</b>	MURADO PELAEZ, ALEJANDRA	AG-15211	5	2014	BN	LUELU Lugo		10/12/2022
37	<b>4,48</b>	LOPEZ MENENDEZ, MARTINA	AG-16983	6	2014	BN	PIRIN Lugo		10/12/2022
38	<b>4,44</b>	ALVAREZ VELASCO, CLAUDIA	GA-1024	8	2013	BN	LUELU Lugo		10/12/2022

**CATEGORIA BENXAMIN - SUB10 FEMININA**

**Lanzamento de Peso 1kg**

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
39	<b>4,44</b>	BASANTA MONTOUTO, NOA	AG-16903	9	2013	BN	PIRIN Lugo		10/12/2022
40	<b>4,43</b>	SÁNCHEZ MAYOR, GABRIELA	AG-13022	6	2013	BN	LUCLU Lugo		10/12/2022
41	<b>4,42</b>	PELAEZ ALLER, VERA	AG-10890	4	2014	BN	ADAOR Ourense		29/01/2022
42	<b>4,27</b>	PIN VILLAR, CARMEN	AG-8041	7	2014	BN	LUCLU Lugo		10/12/2022
43	<b>4,25</b>	FERNANDEZ FERNANDEZ, XELA	AG-14212	8	2013	BN	ESCLU Ourense		11/12/2022
44	<b>4,20</b>	FEIJOO RODRIGUEZ, ESTELA	AG-16659	7	2013	BN	LIM_O Ourense		27/11/2022
45	<b>4,07</b>	PRADO BELTRAN, NATALIA	AG-15542	7	2014	BN	POLLU Lugo		10/12/2022
46	<b>4,05</b>	GARCÍA GRANADO, BELMA	AG-13032	8	2014	BN	LUCLU Lugo		10/12/2022
47	<b>3,98</b>	VAL VIQUEIRA, IRENE	AG-11674	5	2014	BN	OUROR Ourense		29/01/2022
48	<b>3,97</b>	PEDROUZO FONTELA, DANIELA	AG-8372	9	2014	BN	MRL Lugo		10/12/2022
49	<b>3,80</b>	NIMO MARTINEZ, CRISTINA	AG-8750	1	2014	BN	CASC A Coruña		01/03/2022
50	<b>3,79</b>	PIÑEIRO LOPEZ, ANTIA	AG-8375	8	2014	BN	MRL Lugo		10/12/2022
51	<b>3,59</b>	CARREIRA CARBONES, NABIA	AG-15438	3	2014	BN	PIRIN Lugo		19/02/2022
52	<b>3,55</b>	DIAZ-BECERRA CHAPA, OLIVIA	AG-16890	10	2014	BN	FRALU Lugo		10/12/2022
53	<b>3,47</b>	IGLESIAS CASTRILLO, ARHANE	AG-12421	10	2014	BN	LUELU Lugo		10/12/2022
54	<b>3,46</b>	CABRERO BOUZA, NOELIA	AG-14079	2	2014	BN	RIAC Lugo		19/02/2022
55	<b>3,44</b>	FIGUEROA ABELLEIRA, NOA	AG-16891	11	2014	BN	FRALU Lugo		10/12/2022
56	<b>3,42</b>	ARIAS VAZQUEZ, JULIA	AG-15427	11	2014	BN	FRALU Lugo		10/12/2022
57	<b>3,41</b>	DÍAZ VÁZQUEZ, COMBA	AG-202856	12	2013	BN	FRALU Lugo		10/12/2022
58	<b>3,37</b>	RUBINOS RUBINOS, SARA	AG-8062	9	2013	BN	POLLU Lugo		10/12/2022
59	<b>3,31</b>	SANCHEZ SANFIZ, IRENE	AG-13998	5	2013	BN	DVPL Lugo		19/02/2022
60	<b>3,31</b>	GUTIERREZ INGERTO, LENA	AG-12279	12	2014	BN	DVPL Lugo		10/12/2022
61	<b>3,24</b>	VAZQUEZ SANZ, CARMEN	AG-16936	10	2014	BN	PIRIN Lugo		10/12/2022
62	<b>3,22</b>	TRILLO SOMOZA, LÚA	AG-9444	11	2013	BN	XUNC Lugo		10/12/2022
63	<b>3,20</b>	GANDOY YAÑEZ, ERIKA	AG-16892	13	2014	BN	FRALU Lugo		10/12/2022
64	<b>3,18</b>	PÉREZ IGLESIAS, ANTÍA	AG-11819	6	2013	BN	LUCLU Lugo		19/02/2022
65	<b>3,12</b>	VIDAL CARBALLAL, CATALINA	AG-14652	7	2013	BN	POLLU Lugo		19/02/2022
66	<b>3,12</b>	REAL FERNANDEZ, SARA	AG-13715	12	2014	BN	LUELU Lugo		10/12/2022
67	<b>3,12</b>	BELON LOPEZ, LUCIA	AG-16984	13	2014	BN	PIRIN Lugo		10/12/2022
68	<b>3,10</b>	ROMAN OSORIO, SILVIA	AG-14649	4	2013	BN	POLLU Lugo		19/02/2022
69	<b>3,04</b>	LOPEZ LUGILDE, CLAUDIA	AG-13997	8	2014	BN	DVPL Lugo		19/02/2022
70	<b>3,02</b>	FERNANDEZ GARCIA, IRIA	AG-10690	6	2013	BN	POLLU Lugo		19/02/2022
71	<b>3,02</b>	CORREDOIRA RODRIGUEZ, SIRA	AG-14048	9	2014	BN	PIRIN Lugo		19/02/2022
72	<b>2,85</b>	RODRÍGUEZ CONDE, ARIADNA	AG-8092	13	2013	BN	LUCLU Lugo		10/12/2022
73	<b>2,79</b>	TORRE TRIPIANA, ALEJANDRA	AG-16617	14	2014	BN	LUCLU Lugo		10/12/2022
74	<b>2,77</b>	LOPEZ-LEITON GARCIA, LIA	AG-16893	14	2013	BN	FRALU Lugo		10/12/2022
75	<b>2,41</b>	ZWICKER FERNANDEZ, SOFIA	AG-16929	15	2014	BN	PIRIN Lugo		10/12/2022
76	<b>2,38</b>	FERNANDEZ PEREZ, LAURA	AG-7361	8	2013	BN	RIAC Lugo		19/02/2022



CATEGORIA BENXAMIN - SUB10 FEMININA

Lanzamento de Peso 1kg

#	MARCA	ATLETA	LIC.	PTO	ANO	CAT	CLUB	LUGAR	DATA
77	<b>2,37</b>	PITA SANCHEZ, AITANA	AG-14885	9	2013	BN	POLLU Lugo		19/02/2022



FEDERACION GALLEGA  
DE ATLETISMO

**RANKING GALEGO - PISTA CUBERTA**

**CATEGORIA BENXAMIN - SUB10 FEMININA**

Federación Galega Atletismo  
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